



Going to see Dr. Kokoris (Dr. K.):

A social story to help kids know
what to expect when attending
their intake appointment.

Meet Dr. Kokoris

Dr. Kokoris is a doctor who talks with people about their feelings and things going on in their life.

A lot of people call her Dr. K. Dr. K. is not the kind of doctor who gives shots or medicine.

She helps people with ideas about how things can go even better.



Waiting to see Dr. K.

My adult will take me to Dr. K.'s office. I will wait in the lobby with my adult, and I might see other people waiting in the lobby, too.

I can bring headphones or something to do while I wait.



Going to her office

When it is my turn to see Dr. K., my adult and I will walk with her to her office.

I might feel big feelings like nervous or excited about going to her office.

I can talk with my adult about my feelings, and I can ask Dr. K. more about what we will do.



Dr. K.'s office

Dr. K.'s office has toys and fidgets. I can play with the toys while my adult and Dr. K. talk.

Dr. K. will talk with me, too and ask me questions about all kinds of things like my feelings, my friends, school, and my sleep.

She will take notes, because what we talk about is important and will helps her think of ideas on how things can go even better.



Talking with Dr. K.

Dr. K. might ask me if I want to talk with her by myself, without my adult.

I might want to talk to her without my adult, or I might not, and I will tell her when she asks.



Making my next appointment

After my adult and I talk with Dr. K., she might ask us to plan to meet with someone on her team another day.

She will tell me more about who I will meet and what we will do together.

My adult will make my next appointment, and I will wait quietly with them while they do.

I know Dr. K. and her team are here to help me!

